



St. Joseph Parish



*A Roman Catholic Parish in the Archdiocese of St. Louis, Missouri*  
6020 Old Antonia Road, Imperial, MO 63052  
sjiparish.org | 636-464-1013

## St. Joseph Parish

Parish Office Hours: M-F: 7:30 am—3:30 pm | 636-464-1013

### CLERGY

Rev. Daniel G. Shaughnessy, <i>Pastor</i>	frs@sjiparish.org   x104
Rev. Jonathan R. Ruzicka, <i>Associate Pastor</i>	jruzicka@sjiparish.org   x116
Rev. Mr. Jacob Braun, <i>Transitional Deacon</i>	jbrown@sjiparish.org
Rev. Mr. Roland Kaiser, <i>Permanent Deacon</i>	retired
Rev. Mr. Brian Selsor, <i>Permanent Deacon</i>	636-464-6901
Rev. Mr. John Wolffer, <i>Permanent Deacon</i>	314-420-3898

### PARISH ADMINISTRATIVE STAFF

Carol DuBuque, <i>Bookkeeper</i>	cdubuque@sjiparish.org   x105
Julie Hepp, <i>Parish Accountant</i>	jhepp@sjiparish.org   x119
Kathy Larson, <i>Communications Director</i>	klarson@sjiparish.org   x112
Keith Newbury, <i>Facilities Manager</i>	knewbury@sjiparish.org   x110
Karla Owensby, <i>Business Manager</i>	kowensby@sjiparish.org   x103
Heather Selsor, <i>Corpus Christi Center Manager</i>	hselsor@sjiparish.org   x111
Mary Truetken, <i>Child Safety Coordinator</i>	mtruetken@sjiparish.org   x109

### PARISH MINISTERIAL STAFF

Sr. Rosemary Buttice, ASCJ, <i>Pastoral Associate</i>	rbuttice@sjiparish.org   x106
Sean Feltz, <i>Assoc. Director of Youth Ministry</i>	sfeltz@sjiparish.org   x114
Torri Halbert, <i>PSR Coordinator</i>	thalbert@sjiparish.org   x107
Emily Kopff, <i>Director of Religious Education</i>	ekopff@sjiparish.org   x108

### SAINT JOSEPH SCHOOL

Sr. Carol Sansone, ASCJ, <i>Principal</i>	csansone@stjosephimperial.org 636-464-9027 x401
Sr. Ellen Cronan, ASCJ, <i>Admin. Assistant</i>	ecronan@stjosephimperial.org 636-464-9027 x403
Tara Gaudreault, RN, <i>School Nurse</i>	tgaudreault@stjosephimperial.org 636-464-9027 x500
Rose Preston, <i>Office Manager</i>	rpreston@stjosephimperial.org 636-464-9027 x402

### OTHER MINISTRIES

Knights of Columbus, Nick Wallis	314-703-6744
Natural Family Planning, Sean/Amanda Dailey	thedaileys16@gmail.com; 314-540-1739
Parish Cemetery, Bill Regelsperger	314-808-2522
Sr. Christine's Food Pantry	636-464-7580
St. Vincent de Paul Society Helpline	636-274-6520

### MASS TIMES

Sat.: 8:00 am & 4:30 pm  
Sun.: 7, 8:30, 10, 11:30 am; 4:30 pm  
Mon. - Fri. 6:30 & 8:00 am

### SACRAMENT of RECONCILIATION

Monday-Friday: 7:00 am  
Thursday: 5:30 pm—7:00 pm  
Saturday: 3:30 pm—4:30 pm

### EUCCHARISTIC ADORATION

T/W/Th 9:00 am—9:00 pm

### SACRAMENT of BAPTISM

Attendance at a Baptismal preparation class is required. Classes are held the 2<sup>nd</sup> Thursday of the month; call to schedule.

### SACRAMENTS of EUCHARIST AND CONFIRMATION

For those who have been baptized Catholic or wish to enter the Catholic Church, RCIA (Rite of Christian Initiation of Adults) classes are required. For more information contact Sr. Rosemary.

### SACRAMENT of ANOINTING OF THE SICK

Anyone who is seriously sick and would like a visit from one of the priests may call the parish office to request one. Hospitals no longer call parishes with this information.

### SACRAMENT of MARRIAGE

Contact one of the priests to begin your preparation at least nine months before the anticipated wedding date.

### SACRAMENT of HOLY ORDERS AND VOWED RELIGIOUS LIFE

If you are interested in learning about a religious vocation, please contact one of the priests or the Archdiocesan Vocations Office at stlvocations.org or 314-792-6460.

### HOLY COMMUNION FOR THE HOMEBOUND

Parishioners who are homebound and wish to receive Holy Communion may call Mary Dixon at 636-467-2104 to make arrangements.

MINISTRY SCHEDULE	March 4 4:30 pm	March 5 7:00 am	March 5 8:30 am	March 5 10:00 am	March 5 11:30 am	March 5 4:30 pm
Lectors	Wright Schaefer	Stevens Hoffmeister	Szewcyck Hostetter	Lang Brotherton	Girl Scouts	Darian
Servers	A. Fanetti Volunteers	Volunteers	H. Preston L. Preston A. Lurk	JW. Nesselhauf F. Null I. Rohe	Ja. Vonder Haar Jo. Vonder Haar P. Vonder Haar	G. Oppelz J. Becker X. Darian

MASS INTENTIONS	
Monday	February 27, 2023
6:30 am	Dust Family & Friends
8:00 am	William & Margaret Dust
Tuesday	February 28, 2023
6:30 am	Jeanne Klosterman
8:00 am	Frank Halfmann
Wednesday	March 1, 2023
6:30 am	Dust Family & Friends
8:00 am	Tim Weber (special intention)
Thursday	March 2, 2023
6:30 am	Bill & John Dust
8:00 am	Betty & Dan Fitzgerald
Friday	March 3, 2023
6:30 am	Betty & Dan Fitzgerald
8:00 am	Evelyn Neal
Saturday	March 4, 2023
8:00 am	Devore (special intention)
4:30 pm	Parker Schaefer
Sunday	March 5, 2023
7:00 am	Parishioners of St. Joseph
8:30 am	Lucas Null Family (special intention)
10:00 am	Luciano Celori
11:30 am	Angeline, Richard, Sr & Jr, Robert, Alan, & Mandi Mesey
4:30 pm	Fr. Shaughnessy's special intentions

**Bulletin Submissions**

If you have something for publication in the bulletin, please send it to [bulletin@sjiparish.org](mailto:bulletin@sjiparish.org). The deadline is normally Mondays at noon.


CONFESSION TIMES IN THE JEFFERSON CO. DEANERY	
Monday	
5-6:30 pm	St. David, Arnold
Tuesday	
5-6 pm	St. John the Beloved, Imperial
Wednesday	
5-6 pm	St. John the Beloved, Imperial
Thursday	<i>*note: not on Holy Thursday</i>
5:30-7 pm	St. Joseph, Imperial
Saturday	
After 8 am Mass	St. Rose of Lima, DeSoto

PARISH STEWARDSHIP - 1/30/2023-2/5/2023		
	Current	Fiscal YTD
OFFERTORY		
<i>Total collected</i>	\$21,610.63	\$747,962.72
<i>Amount needed</i>	\$22,170.00	\$731,610.00
<i>Surplus or shortage</i>	<b>\$559.37</b>	\$16,352.72
SPECIAL COLLECTIONS		
Tuition assistance	\$1,615.00	
St. Vincent dePaul	\$196.00	
Sr. Christine's Food Pantry	\$1,032.00	

**Collection for Relief Efforts in Syria and Turkey**

At the request of Archbishop Mitchell Rozanski, a second collection was held during the Masses this weekend. If you did not have a chance to contribute, please feel free to do so online at <https://www.osvhub.com/sjiparish/giving/funds/disaster-relief-fund>

Please stop by, call, or email the parish office to schedule Mass Intentions. Mass cards for *special intentions* or *in memory* are available; they may be picked up in the parish office. The stipend per Mass is \$10.





FROM THE DESK *of*  
FR. DAN SHAUGHNESSY, PASTOR

Dear Brothers and Sisters in Christ,

I'm writing this letter from inside an airplane on a layover in Milwaukee on my way back to Imperial on Tuesday, February 22nd. I took a Presidents' Day, pre-Lenten weekend retreat/respice/break at a monastery just south of Big Sur, CA on Highway 1, the New Camaldoli Hermitages. Totally awesome. Incredibly beautiful!

That said, tomorrow is Ash Wednesday and I am really excited about Lent 2023. I hope you are too. One of the graces of the weekend for me was that I strongly felt the Lord asking me to dwell in an unshakable peace.

During this Lenten season, I invite all of you to do the same. By nature of our respective baptisms, we are claimed for the Church by our Heavenly Father to be His and His Alone. If we remain close to God in prayer, we can live in a way where we totally configure ourselves to Christ Jesus in all we say and do.

With that said, a phrase that has been occurring to me as I ponder the past weekend is "idle chatter," according to the writings of St. Teresa of Avila. Don't we all fall into it. The Devil loves idle chatter and the ways in which it distracts us from Jesus.

From a popular blog, the following:

"As St. Teresa said, "True humility is being satisfied with what God has given us."

We must look upon and really examine ourselves. The gifts, talents, and even the beauty given to us, are strictly that—gifts from God. He gives to whom He wills, as He wills. Our shortcomings and failures are our own. When we separate ourselves from God, the giver of all gifts and graces, we become dependent upon ourselves and the things of this world. We busy ourselves with passing nonsense, idle chatter, and shallow, fruitless endeavors.

Some of those fruitless endeavors can even be seemingly good. But disconnected from God, they are fruitless."

<https://www.churchpop.com/2021/10/15/know-yourself-st-teresa-of-avilas-essential-wisdom-for-a-holy-life-true-union-with-god>

Let's make this Lenten season the best one yet! Let's do everything for the Lord and with Him.

May God bless you all!

Yours in Christ

**Evangelization**  
**101** WORKSHOP

**PLANNING AREA 13**

**4 MARCH 2023**  
**9:00A.M. - 12:00P.M.**  
St. Joseph (Imperial)

*A free morning workshop covering the fundamentals of evangelization.*

*Due to limited space, registration is required.*

Visit [archstl.org/evangelization](http://archstl.org/evangelization)



# Lent

LIVE OUT LENT AT ST. JOSEPH

## Prayer

### ONE TIME EVENTS:

Feb. 22nd: Ash Wednesday Mass  
6:30 am, 8 am, 10 am All School Mass, 7 pm

March 4th: Evangelization 101\*  
in the Corpus Christi Center

March 4th and 5th: Eucharistic Miracle Display  
in the Corpus Christi Center

March 23rd: Parish Reconciliation Service  
5:30-7:30 pm

April 6th: Mass of the Last Supper 7 pm

April 6th: Altar of Repose open until Midnight

April 7th: Stations of the Cross 3 pm

April 7th: Good Friday Service 7 pm

April 8th: Easter Vigil 8pm

April 9th: Easter Mass

7 am, 8:30 am, 10 am, 11:30 am

### RECURRING OPPORTUNITIES:

Daily Mass:

M-F 6:30 am and 8 am, Sat. 8 am

Stations of the Cross:

Friday at 7 pm

Reconciliation:

Thursday 5:30-7 pm and

Saturday 3:30-4:15 pm

Encounter (Night of Praise and Worship,  
Reflection, Adoration, Reconciliation):

First Wednesdays 7-8:30 pm

Adoration in Chapel:

Tuesday-Thursday 9 am-9 pm

Morning Prayer:

April 6th, 7th, and 8th at 8 am

## Fasting & Almsgiving

Volunteer at a St. Joseph Fish Fry  
Support Sr. Christine's Food Pantry

Learn how you can help neighbors in need  
with St. Vincent de Paul Society:

Meetings 6:30 pm in Corpus Christi Center  
on the 2nd Wed. and 4th Mon. of each month

\*registration required see [sjparish.org](http://sjparish.org) for more information

## ARCHDIOCESAN LENTEN REGULATIONS

*"For God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life. For God did not send his Son into the world to condemn the world, but that the world might be saved through him."*

*(John 3:16-17)*

The Church has always helped us fulfill these words of Jesus by prescribing very definite penance for all Catholics, so that we too might have Eternal life. Accordingly, the Pope and the American Bishops have outlined obligatory fast and abstinence as follows: **Ash Wednesday (February 22, 2023), all Fridays of Lent and Good Friday (April 7, 2023) are days of abstinence (refraining from meat) for all Catholics from age 14 onwards. On these two days, fast, as well as abstinence, is also obligatory for those from the ages of 18-59.** Abstinence means refraining from meat. Fast means one full meal a day, with two smaller meals and nothing between meals (liquids are permitted). No Catholic will lightly excuse himself or herself from this obligation.

**Feast of Saint Patrick** (March 17, 2023) falls on a Friday during Lent this year. Feasts of the Church are meant to be a day of celebration and rejoicing, so on this Friday, March 17, 2023, the faithful of the Archdiocese of St. Louis are dispensed from abstaining from meat should they choose to celebrate the Feast of Saint Patrick.

## ARCHDIOCESAN LENTEN RESOURCES

There are many excellent resources for the Season of Lent you might wish to use. Following are also a list of some resources available for Lent this year:

*Augustine Institute Formed:*

<https://formed.org/>

*Best Lent Ever daily reflections:*

<https://dynamiccatholic.com/best-lent-ever>

*Bishop Barron Word on Fire Lenten Reflections:*

<https://www.wordonfire.org/reflections/lent/>



# SAINT JOSEPH SCHOOL

Enrollment Updates  
&  
Information

Now enrolling for the  
2023-2024 school year

Do you know full-day  
preschool can cost  
less than daycare...  
or a babysitter?

We have openings  
in all grades.

Please call and  
schedule a tour!

All admission information  
is available on the school  
website at  
[stjosephimperial.org/  
admission](http://stjosephimperial.org/admission)

## Ways to Help With Fish Fry

**1. Volunteer!** First and foremost, volunteers are needed to staff the event each week. Please visit SignUp Genius to volunteer. Fish Fry is one of the parish's biggest annual fundraisers and while we of course welcome the customers who come to eat, we couldn't do it without a crew of volunteers to staff the event. We appreciate your service! The SignUp Genius link is on the home page of the website at [www.sjiparish.org](http://www.sjiparish.org).

**2. Drop off desserts!** Pre-packaged desserts will be accepted in the Corpus Christi Center on Thursdays and Fridays preceding each Fish Fry between 7:30am-3:30pm. Due to health department regulations, home-made items may *not* be accepted.



## Our Menu

### Meals: \$16

Fried Cod (2 pieces)  
Fried Catfish (1 piece)  
Fried Shrimp (5 pieces)  
Alfredo Penne Pasta  
includes 2 sides, 2 hushpuppies,  
1 dessert, 1 drink (tea or lemonade)

### Kids' Meals: \$6

Grilled Cheese on Texas Toast  
Fried Cod (1 piece)  
Mac-n-Cheese  
Alfredo Penne Pasta  
includes 1 side, 2 hushpuppies,  
1 dessert, 1 drink (tea or lemonade)

### Sides:

French Fries  
Alfredo Penne Pasta  
Mac-n-Cheese  
Buttered Corn  
Brown Sugar Glazed Baby Carrots  
Gianino's House Salad (dressed)  
Additional sides added to any meal: \$3  
3 piece shrimp added to any meal: \$6

### A la Carte:

Grilled Cheese on Texas Toast: \$3  
Tea or Lemonade \$1  
Dessert: \$1  
Additional sides added to any meal: \$3  
3 piece shrimp added to any meal: \$6

Cash Bar Available

Please join us on March 3, 10, 24, and 31 in the  
Corpus Christi Center from 4:30-7:00 pm!

Did you see our ad in the  
*Leader* recently?



Please join us at the  
Corpus Christi Center  
February 24 and  
March 3, 10, 24, 31  
from 4:30-7:00 pm  
Cod, catfish, or shrimp  
dishes with hushpuppies  
and 2 sides. \$16  
www.sjiparish.org

New to the area? *Welcome!*  
You may register in the parish by  
visiting our website at  
[www.sjiparish.org/register](http://www.sjiparish.org/register)

Mass times: M, F, R, 8:30 and 9 am; Sat, 8 am;  
Sun, 8:30 pm ( Vigil, Sun, 7, 8:30, 10, 11:30 am, 4:30 pm)  
6020 Old Antonio Road | Imperial, MO 63052  
[www.sjiparish.org](http://www.sjiparish.org) | 636-464-1013



SAINT JOSEPH SCHOOL  
Founded 1889 in honor of St. Joseph  
Pre-K1 to Grade 8

Now enrolling for the 2023-2024 school year  
Do you know full-day preschool can cost  
less than daycare... or a babysitter?  
We have openings in all grades.  
Please call and schedule a tour!  
[www.sjiparish.org](http://www.sjiparish.org) | 636-464-9027

## Rosary Guild First Saturday of the Month

Join us March 4th from 8:30-9:30 am  
in the Imperial Conference Room, located in  
the right side of the Corpus Christi Center

Our meetings include recitation of the Rosary  
followed by a time of making rosaries for  
mission countries. Please bring rosary  
materials if you are able.



Contact Mary Kline  
for more information at  
(636)448-6186 or [marykline1116@gmail.com](mailto:marykline1116@gmail.com)



## Offertory Procession Returning Soon!



SIGN UP IN THE BACK OF CHURCH  
OR CONTACT EMILY KOPFF  
AT [EKOPFF@SJIPARISH.ORG](mailto:EKOPFF@SJIPARISH.ORG)  
IF YOU OR YOUR FAMILY ARE  
INTERESTED IN PARTICIPATING



# ONLINE GIVING

Sign up at [osvhub.com/sjiparish/funds](https://osvhub.com/sjiparish/funds)

Thank you to everyone who supports our food  
pantry. Please note this important change: our  
bank will no longer accept checks made out to  
“Sr. Christine’s Food Pantry.” Instead, please  
make your checks out to “St. Joseph Parish” and  
please note “food pantry” in the memo line.

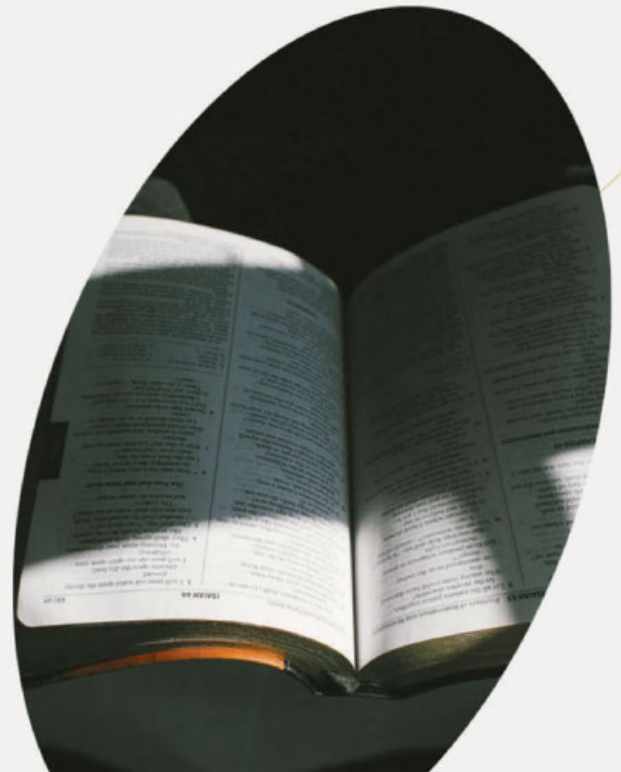
## Lenten Bible Study

There is more to Lent than giving up  
something. The Church teaches that we are to  
focus on three areas: prayer, fasting, and  
almsgiving.

Regardless of your state of life: married with  
kids, single, or empty nesters, we encourage  
you this season to increase  
your prayer by joining a  
small group bible study.

If interested, scan the QR  
code or email Amber at  
[amber.moseley@focus.org](mailto:amber.moseley@focus.org).

We will find a time that works best  
for those who are interested.



## Permanent Diaconate Information Night



Do you feel called to do something special for your Church? If so a vocation to the Permanent Diaconate might be something that you are being called to. The Office of the Permanent Diaconate is asking that interested men attend one of the Information Nights to begin exploring a vocation the Permanent Diaconate. **Upcoming Information Nights will be held on Monday, March 13, 2022 and Monday, March 20, 2023 at Cardinal Rigali Center.** Meetings will begin at 6:30 pm. Wives of men considering this vocation are strongly encouraged to attend. For more information or to reserve a spot at the meeting, please contact the Office of the Permanent Diaconate at 314-792-7433.



### 40 DAYS FOR LIFE CAMPAIGN

**Thursday, March 2**

While abortion is no longer legal in Missouri, according to the Illinois Department of Public Health (<https://dph.illinois.gov/data-statistics/vital-statistics/abortion-statistics.html>), we know that in 2020, over 6,500 Missouri women obtained an abortion in the state of Illinois out of a total of over 46,000 abortions in that state. Your peaceful, prayerful presence at Planned Parenthood in Fairview Heights, IL, is needed now more than ever to encourage abortion-seeking women to choose LIFE. Join fellow St. Joseph parishioners on Thursday, March 2, between 7 am and 7 pm at the Planned Parenthood facility in Fairview Heights, IL. To ensure there are at least 2 prayer volunteers per hour, please contact Kelly Lehn with your time(s) at 314-608-9866 or [kalehn@yahoo.com](mailto:kalehn@yahoo.com).



Passionate about sports? SJAA is looking for a few good people! Free sports for up to 4 kids!

For more information contact Mitch Mueller (314) 220-5305. Thank you for your consideration!

## Save the Date!

*Our annual golf tournament will be held this year on June 3<sup>rd</sup> at Oak Valley.*



Knights of Columbus Council 2333 Blood Drive

**Tuesday, March 7, 2:30-7 pm**

Corpus Christi Center, St. Joseph Parish

Appointments: [redcrossblood.org](http://redcrossblood.org);

use sponsor code SJCCImperial

Call Bob (314-704-8068) or Janet Hermann (314-304-4238)

Walk-ins welcome!

Save time when donating by completing the pre-donation reading and health history on the day of the drive at [redcrossblood.org/rapidpass](http://redcrossblood.org/rapidpass).

A recent decline in blood donations may soon make it tough to keep blood products stocked on hospital shelves. We need all eligible donors to come forward and give at our upcoming blood drives. Our successful blood drive can make a difference!



## Eucharistic Adorers are needed

Tuesdays - 5 pm

Now accepting adorers of Jesus in the Tabernacle for MONDAYS: many hours or half/hours. Call Mr. Patrick Smith (573) 310-3472



## 1<sup>st</sup> Sunday of Lent

Lent is a call to “give alms for the poor.” Wherever you live in the parish, there are poor families within walking distance of your home. When in need, they call the parish or ring the rectory bell.

They are, in effect, calling you and ringing your doorbell. Is there a family you know who needs assistance? Please call the Society of St. Vincent de Paul so that together we can help the suffering and poor.

For more information about joining our SVdP team, email [Dbalsman@gmail.com](mailto:Dbalsman@gmail.com)

Business Meeting: February 27<sup>th</sup> 6:30 pm

Prayer Meeting: March 8<sup>th</sup> 6:30 pm

All Meetings in the Corpus Christi Center



## OUR PARISH PRAYING TOGETHER

*May those who are ill  
be blessed by Jesus' healing presence.*

Matthew Anderson	Scott Layton
Elizabeth Bell	Charles Lesch
Mike Boyd	Floyd McClintock
Jeannie Brown	Janet McClintock
Don Compton	Georgia McDermott
Ben Cotter	Ron Merideth
Bobbi Dickerson	Barb Miller
Donna Fischer	James Moss
Will Fischer	Dwayne Parker
Ty J. Foster	Jill Pesek
Murphy Garner	Will Roberts
Michelle Gillman	Claire Sackman
Dave Greco	Nancy Shuttleworth
Scott Haase	Vernon Speidel
Melissa Hartmann	Andrew Staggenborg
Adelaide Herrell	Gregory Steffan
Tom Herrell	Carleen Thomas
Ken Hopkins	Noella Torgerson
Eileen Kaiser	Doreen Watts
Jim Kaiser	Jane Werner
Roland Kaiser	

*We pray for those in the Military:*

Meaghan Angus	Tony and Elise Rich
John Costigan	Jacob Sarfraz
Jack Jeffers	Jared Sheets
Isaac Longtin	Lauren Slough
Douglas Moloney	Grant Staggenborg
James Moloney	Conner Stark
Mary Margaret Moloney	Jack Vilchis
Michael Moloney, Jr.	Lucas Weiland
Maxwell Rayman	

*Join us for the*

*International Exhibition*  
**THE EUCHARISTIC  
MIRACLES  
OF THE WORLD**

March 4 and 5th  
in the Corpus Christi Center

*Exhibit Open:*

*Saturday: Noon – 5:00 pm*

*Sunday: 7:30am – 5:00pm*



Journey through Lent with Covenant Network Catholic radio as your daily companion. Excellence in broadcasting combined with the Holy Mass, the Rosary, the Divine Mercy Chaplet and other devotions will help

keep you focused on a fruitful Lenten season. There will be special Lenten programming throughout the season to help you on your Lenten journey. Tune in to KHOJ 1460 AM or 96.7 FM, or listen anytime on our Covenant Network app or at [OurCatholicRadio.org](http://OurCatholicRadio.org).

LAMP is an acronym for Language Access Multicultural People and is a ministry of Catholic Charities. LAMP offers language interpreting and translation services to help people in our region with everything from their basic needs to health care and legal aid.

LAMP offers a free Community Interpreting Line to support Limited English Proficiency (LEP) for individuals and families in our region.

The team of local, professional interpreters can assist LEP members of our community with making calls to medical facilities, schools, social services agencies, police, emergency service, etc. The number is (888) 260-3791.

For more information, go to [www.lampinterpreters.org](http://www.lampinterpreters.org) or contact your Parish Ambassador Michaela Rodriguez at [michaelamrodriguez@gmail.com](mailto:michaelamrodriguez@gmail.com).



CARDINAL RITTER  
SENIOR SERVICES



GOOD SHEPHERD  
children & family services



LAMP



SAINT LOUIS  
COUNSELING



St. Francis  
community services



### THE LITURGY OF THE HOURS (DIVINE OFFICE)

The Liturgy of the Hours is a significant part of the patrimony of Holy Mother Church. The sanctification of the hours throughout the day serves to assist all of us with keeping our eyes on the Lord. Please take advantage of this great spiritual opportunity and encourage others to do so. As demand grows, additional hours will be added.

TUESDAYS: Morning Prayer  
(Lauds)

6:00 am – Main nave of the church.

Point of Contact:

Stephen Appelbaum  
[stefan89751@gmail.com](mailto:stefan89751@gmail.com)  
314-498-9060

*“In the Hours, the royal priesthood of the baptized is exercised, and this sacrifice of praise is thus connected to the sacrifice of the Eucharist, both preparing for and flowing from the Mass.” – USCCB*

### 40 Cans for Lent – Because Hunger Has No Season

The Knights of Columbus invite you again this year to participate in 40 cans for Lent. What is 40 cans for Lent? It is a program designed to help fight hunger, an opportunity to take a small sacrifice and turn it into a big difference in the lives of others. The program is simple: Collect one can of food per day during the 40 days of Lent, which begins on Ash Wednesday. Drop off your cans at any time throughout the Season in the vestibule at church. All donations will go to benefit Sister Christine’s Food Pantry

**40 Cans  
for Lent**



### Calling All Area College Students!

UMSL’s Catholic Newman Center Triton Awakenings is our most popular retreat of the year and you are invited to join us! It’s a weekend of spiritual growth and fun that you will never forget (seriously). You do not have to attend UMSL, just be college-aged. (18-26). The retreat is 2 nights and 2 days -- we’ll meet at the Catholic Newman Center on Friday, March 10 in late afternoon and return on Sunday, March 12 at 2 pm. Cost is \$60.00 for the entire weekend. Scholarships are available.

If you register online before Feb 24, you get \$10 off!! The final registration deadline is Friday, March 3. Registration and more information for our Awakenings Retreat is up on our website: [www.cncumsl.org](http://www.cncumsl.org)

If you have any questions, please contact [Joe@cncumsl.org](mailto:Joe@cncumsl.org)

# John S. Appelbaum

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4139 Jeffco Boulevard, Arnold, MO 63010

(636) 464-1855

Fax (636) 642-4091

john@appelbaumlawoffice.com

www.appelbaumlawoffice.com



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1185 Scenic Dr, Ste 157  
HearingCarePartners.com

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**467-3929**  
Owners - Jerry & Ginny Williams

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